

B.Sc. Nursing (Basic)

Philosophy

INC believes that:

Health is a state of well-being that enables a person to lead a psychologically, socially and economically productive life. Health is a right of all the people. Individuals, families and communities have a responsibility towards maintaining their health.

Nursing contributes to the health services in a vital and significant way in the health care delivery system. It recognizes national health goals and is committed to participate in the implementation of National Health policies and programmes. It aims at identifying health needs of the people, planning and providing quality care in collaboration with other health professional and community groups.

Scope of nursing practice encompasses provision of promotive, preventive, curative and rehabilitative aspects of care to people across their life span in wide variety of health care settings. Practice of nursing is based upon application of basic concepts and principles derived from the physical, biological and behavioral sciences medicine and nursing.

Nursing is based on values of caring and aims to help individuals to attain independence in self care. It necessitates development of compassion and understanding of human behaviour among its practitioners to provide care with respect and dignity and protect the rights of individuals & groups.

Undergraduate nursing program is broad based education within an academic framework specifically directed to the development of critical thinking skills, competencies & standards required for practice of professional nursing and midwifery and envisaged in National Health Policy 2002.

The Teachers have the responsibility to be role models and create learning environment that enables students to acquire inquiry driven, self directed learning and foster an attitude of lifelong learning.

Under graduate nursing education program prepares its graduates to become exemplary citizen by adhering to code of ethics and professional conduct at all time in fulfilling personal, social and professional obligations so as to respond to national aspirations.

Aim

The aim of the undergraduate nursing program is to:

- Prepare graduates to assume responsibilities as professional, competent nurses and in providing promotive, preventive, curative and rehabilitative services.
- Prepare nurses who can make independent decisions in nursing situations, in the community nursing services and conduct research studies in the areas of nursing They are also expected to assume the role of teacher, supervisor and management clinical/public health setting.

Objectives

On completion of the four year B.Sc. Nursing Program the graduate will be able to:

1. Apply knowledge from physical, biological and behavioural sciences, medicine included alternative systems and nursing in providing nursing care to individuals, families at communities.
2. Demonstrate understanding of life style and other factors, which affect health of individual and groups.
3. Provide nursing care based on steps of nursing process in collaboration with the individual and groups.
4. Demonstrate critical thinking skill in making decisions in all situations in order to provide quality care.
5. Utilize the latest trends and technology in providing health care.
6. Provide promotive, preventive and restorative health services in line with the national health policies and programmes.
7. Practice within the framework of code of ethics and professional conduct and acceptable standards of practice within the legal boundaries.
8. Communicate effectively with individuals and group and members of the health team in order to promote effective interpersonal relationships and teamwork.
9. Demonstrate skills in teaching to individuals and group in clinical/community health settings.
10. Participate effectively as members of the health team in health care delivery system.
11. Demonstrate leadership and managerial skills in clinical/community health settings.
12. Conduct need based research studies in various setting and of care.
13. Demonstrate awareness, interest and contribute towards advancement of self and of the profession.

Admission Requirements

1. The minimum age for admission shall be 17 years on or before 31st Dec. of the year of admission.
2. The minimum educational requirements shall be the passing of Higher Secondary School Certificate Examination (12 Year Course)
Or
Senior School Certificate Examination (12+2), pre-degree Examination (10+2)
Or
An equivalent with 12 years schooling from a recognized board or university with Science (Physics, Chemistry, Biology) and English with minimum of 50% aggregate marks (PCBE).
3. Candidate shall be medically fit.

Entrance/Selection Test

Selection of the candidates should be based on the merit of the entrance examination held by University/State Medical Faculty.

Duration

Duration of the course shall be four years including internship.

Vacation

8 Week vacation shall be given in each year.

Duration

Course Duration	=	4 Year
Week available per year	=	52 Week
Vacation	=	8 Week
Gazetted holidays	=	3 Week
Examination (Including Preparatory)	=	4 Week
Available Week	=	37 Weeks
Hours per Week	=	40
Practical	=	30 hours per week
Theory	=	10 hours per week
Internship practical	=	48 hours per week
Hours available per academic year	=	1480 (37 week x 40 hours)

Course of instruction

First Year

Subject	Theory (in hrs) (class and lab)	Practical (in hrs) (Clinical)	In Hours
1. *English	60		
2. Anatomy	60		
3. Physiology	60		
4. Nutrition	60		
5. Biochemistry	30		
6. Nursing Foundations	25+200	450	
7. Psychology	60		
8. Microbiology	60		
9. Introduction to Computers	45		
10. **Hindi/Regional language	30		
11. Library work/Self Study			50
12. Co-curricular activities			50
Total Hours	930	450	100
Total Hours=1480 hrs			

Second Year

Subject	Theory (in hrs) (class and lab)	Practical (in hrs) (Clinical)	In Hours
1. Sociology	60		
2. Pharmacology	45		
3. Pathology and 4. Genetics	30 15		
5. Medical-Surgical Nursing (Adult including geriatrics)-I	210	720	
6. Community Health Nursing-I	90	135	
7. Communication and Educational Technology	60+30		
8. Library work/Self Study	60		50
9. Co-curricular activities	45		35
Total Hours	540	855	85
Total Hours=1480 hrs			

Third Year

Subject	Theory (in hrs) (class and lab)	Practical (in hrs) (Clinical)	In Hours
1. Medical-Surgical Nursing (Adult including geriatrics)-II	120	270	
2. Child Health Nursing	90	270	
3. Mental Health Nursing	90	270	
4. Midwifery and Obstetrical Nursing	90	180	
5. Library work/Self Study			50
6. Co-curricular activities			50
Total Hours	390	990	100
Total Hours=1480 hrs			

Fouth Year

Subject	Theory (in hrs) (class and lab)	Practical (in hrs) (Clinical)	In Hours
1. Midwifery and Obstetrical Nursing		180	
2. Community Health Nursing-II	90	135	
3. Nursing Research & Statistics	45	*	
4. Management of Nursing Services and education	60+30		
Total Hours	225	315	
Total Hours=540 hrs			

- Project work to be carried out during internship

Intern-Ship (Integrated Practice)

Subject	Theory	Practical (In hrs)
1. Midwifery and Obstetrical Nursing		240
2. Community Health Nursing-II		195
3. Medical Surgical Nursing (Adult and geriatric)		430
4. Child Health		145
5. Mental Health		95
6. Research Project		45
Total Hours		1150
Total Hours=1690 hrs		

Note –

1. Internship means 8 hours of integrated clinical duties in which 2 weeks of evening and shift duties are included.
2. Internship should be carried out as 8 Hours per day @48 hours per week.
3. Students during internship will be supervised by nursing teachers.
4. Fourth year final examination to be held only after completing internship.
5. Degree would be awarded in college convocation to those students whose final result is declared with norms of Indian Nursing Council.